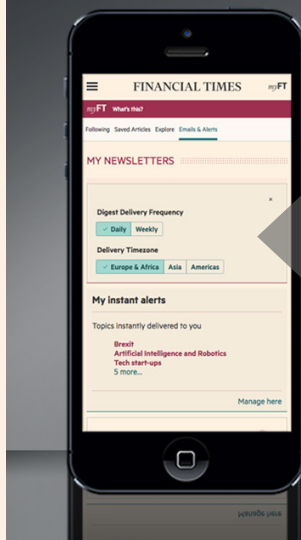


# A GUIDE TO myFT

ft.com/myft



Personalise your FT.com experience and save time by getting straight to the information you need with myFT.

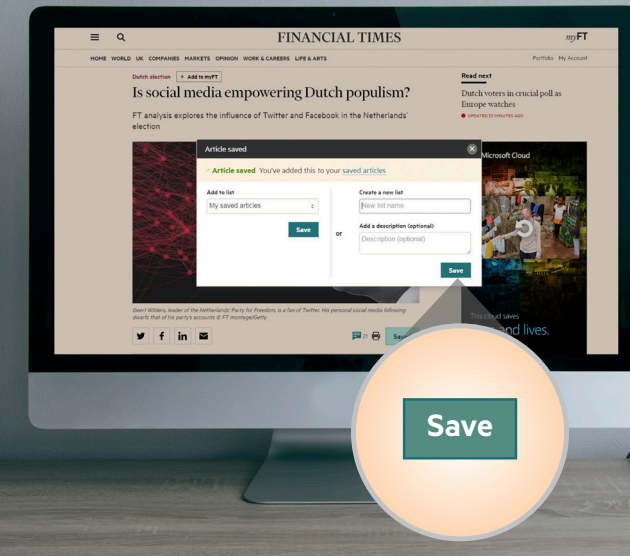


## Digest Delivery Frequency

Daily  Weekly

## Delivery Timezone

Europe & Africa  Asia  Americas



Save

## ADD TOPICS TO myFT

+ Add to myFT

### ft.com/myft/following

Easily keep track of the topics most important to you by adding them to myFT. You can add everything from people, places and themes, to journalists and sections of FT.com.

Click on the **'Add to myFT'** button next to any topic that interests you. You can then view the topics you follow all in one place in myFT.

You can choose to group your myFT by topic or by time published.



## SET UP EMAIL DIGESTS AND ALERTS



### ft.com/myft/alerts

Start your day with a **daily email digest** on the topics you follow or opt for a **weekly** digest delivered on Friday afternoon.

To set up your myFT digest, go to **ft.com/myft/alerts** and click **'subscribe'** and then select your preferred frequency and timezone.

Need to be alerted faster? Set up **instant alerts** to be alerted as soon as an article is published on the topics most important to you.

Go to the myFT page and turn on instant alerts from any topic card.

Instant alerts on

## SAVE ARTICLES AND CREATE LISTS

Save

### ft.com/myft/lists

Save articles to myFT so you can refer back to them later. You can find the **save** button at the top of an article.

Choose to save the article to a pre-existing **list** or create a new one.

Lists you create are private by default. To make a list public, toggle the on/off button and click **'share'**. This will generate a link to your list.